



June 2022

Ames Chapter #158

THE SPOKESWOMAN

Websites

National: <http://www.afwa.org>

Local: <http://amesafwa.org>

LinkedIn: <https://www.linkedin.com/groups/13567139>

MISSION STATEMENT

The mission of the Accounting & Financial Women's Alliance is to enable women in all accounting and finance fields to achieve their full potential and to contribute to their profession.

MEETING INFORMATION

Mental Health in the Workplace

Date: Tuesday, June 14, 2022

Time: 5:30 p.m. Networking

6:00 p.m. Program

7:00 p.m. Business Meeting

Location: Jethro's

1301 Buckeye Ave

Ames, IA 50010

Presenter: Lisa Palmersheim, John Deere

Presenter Bio: Lisa Palmersheim is an International Accountant with John Deere Financial in Johnston, IA and has been with the company for 15 years. She received her MBA from Drake University. She also received her Master of Accounting and her B.S. in Accounting & Finance from Iowa State University. Lisa is the Treasurer for the JDF Toastmasters chapter and Outreach Lead for the Des Moines Area WomenREACH. In her spare time, Lisa enjoys camping with her husband and four small children.

Learning Objectives & Program Content:

Lisa will discuss how mental health can impact business and how organizations can help to fight the stigma of mental health by creating a safe working environment for employees. She will also share her personal experience with mental health in the workplace.

Field of Study: Personal Development

Program Level: Basic

Program Prerequisites/Advance

Preparation: None

Instructional Delivery Method: Group Live

Recommended Amount of CPE Credit: 1 credit hour

Administrative Policies: Please respond to the Evite by Sunday, June 12th. In your response, please note if you will be attending via Zoom/WebEx. Login instructions will be forwarded to virtual attendees prior to the meeting.



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PRESIDENT'S MESSAGE

Well ladies, this is my last monthly message as we'll be installing the new officers at this month's meeting. It's been an honor serving as President, a role in which I haven't had much experience. I'm looking forward to serving as Treasurer next year, a role I'm much more suited for seeing as how I am an accountant 😊. We have a great program this month, Mental Health in the Workplace, much thanks to Lisa! A BIG "Thank You" to all who have served our chapter this past year, we couldn't have done it without you!

Cheryl

JUNE MEMBERSHIP MEETING AGENDA

1. Call to Order
2. Quorum (30% of 16 active members=5)
3. Approval of Minutes – May 2022
4. Treasurer's Report
5. Old Business – none
6. Committee Reports
 - a) Membership/Publicity - Lisa
 - b) Programs - Jenny
 - c) Scholarship - Karen
 - d) Newsletter - Jaimie
 - e) Webmaster - Jaimie
7. New Business
 - a) Installation of Officers

8. Announcements
 - a) Free 1 hour CPE Webinars – see the National website to register:
 - b) The National Connect/Advance/Lead Virtual Conference will be held June 23-24
 - c) The National Conference – Chicago October 25-28
9. Adjournment

MAY MEMBERSHIP MEETING MINUTES

Ames Chapter #158
Accounting & Financial Women's Alliance
Membership Meeting Minutes
May 10, 2022

Call to Order:

The May Membership Meeting of the Ames Chapter #158 was called to order by President Cheryl Carlile at 7:43 p.m. on Tuesday, May 10, 2022, at Jethro's BBQ in Ames, Iowa. Those in attendance were members Cheryl Carlile, Kate Mulder, Annmarie Kurtenbach, Lisa Palmersheim, Karen Jacobson, Carla Danielson, Jan Duffy and Cindy Sippel. A quorum was present.

Minutes

Kate made a motion to approve the minutes of the March 2022 membership meeting as printed in the bulletin. Jan seconded the motion that was approved.



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Treasurer's Report and Budget:

Cindy reported that the balance in the general fund was \$7,197.99. The scholarship fund has a balance of \$5,668.47. Of this balance, \$3,600 is restricted for the Kathy Strum scholarship and the remaining balance is available for the Beverly Wandling Memorial Scholarship.

Old Business:

Dues Simplicity: Our changes have been submitted to national regarding the dues simplicity process.

Chapter bylaws change: A proposal to change Article III, Section 3 of the chapter bylaws was printed in the bulletin and discussed by members at the meeting. This change will replace "anniversary" with "renewal date" in the wording to be consistent with the changes national is making to the dues process. Jan made a motion with was seconded by Karen that the change to the bylaws be approved by the membership as printed in the bulletin. The motion passed.

Committee Reports

Membership/Publicity - Lisa: Current membership stands at 16. Kate posted to our Facebook page which need to be approved. Current admins on our Facebook page are Margaret, Kayla and Lisa.

Programs - Jenny: Lisa will be the presenter at our June meeting since the April meeting was canceled.

Scholarship - Karen: No report.

Newsletter - Jaimie: No report

Webmaster - Jaimie: No report

New Business:

CPE slides distribution: Members discussed whether CPE slides should be distributed to all members following the CPE presentation or just to the CPE coordinator. After the discussion, a proposal was made to have the slides go to Ann, the CPE coordinator, and then she can send them to whoever wants to get a copy.

Newsletter distribution: Members discussed whether we should remove old members from the newsletter distribution list. We decided that Jaimie could add a note to the bulletin email to ask people to let her know if they would like to be removed from the list. Cheryl will send a note to Jaime to ask her to include this notification in the next bulletin email.

Announcements:

National AFWA Membership

Appreciation Month: Members are reminded to check out the Events on the



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National website for details on membership appreciation month.

Free 1 hour CPE Webinars:

National has a couple of free 1 hour CPE webinars coming in the next month.

QuickBooks Online Training, Tuesday, May 17 1pm CDT – Cheryl is planning to attend this CPE

Evaluating the SECURE Act, Tuesday, May 24 12 on CDT on retirement benefits

National Connect/Advance/Lead Virtual Conference:

This will be held June 23-24. Cheryl is planning to attend.

National Conference:

This will be held in Chicago October 25-28. Karen has decided she will not be attending this year.

June Meeting:

We will have the installation of officers.

Adjournment:

Meeting adjourned at 8:08 p.m.

Respectfully submitted,

Cindy Sippel

Acting Secretary

2021-2022 OFFICERS

President: Cheryl Carlile
president@amesafwa.org

Vice President: Carla Danielson
vice-president@amesafwa.org

Secretary: Margaret Munson
secretary@amesafwa.org

Treasurer: Cindy Sippel
treasurer@amesafwa.org

Past President: Margaret Munson
past-president@amesafwa.org

Program: Jennifer Sturgill
programs@amesafwa.org

Program Coordinator: Ann Kurtenbach
programs@amesafwa.org

Publicity: Lisa Palmersheim
publicity@amesafwa.org

Newsletter: Jaimie Williamson
bulletin@amesafwa.org

Scholarship: Karen Jacobson, Chair
Ann Clem
Cindy Sippel



Accounting & Financial Women's Alliance

CONNECT • ADVANCE • LEAD

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scholarship@amesafwa.org

QUOTE OF THE MONTH

“Life is like riding a bicycle. To keep your balance, you must keep moving.”

- Albert Einstein

Articles and submissions to the newsletter are welcome. Please contact bulletin@amesafwa.org